

Bootcamp & Circuit Gyms

Circuit gym

This inclusive smart circuit offers something for everyone from inactive to active with 3 energy generating pieces users can charge their phones. The space is designed as a flowing circuit for the whole community, focused around family friendly activities and also provides trainers with great circuit stations for individual training, classes and spin off activities creating a hub for the community.

A **TARMAC & BLACK/COLOUR WET POUR**
 Priced as shown installed onto tarmac and black and colour wet pour

13 Interactive Signage
 People can scan their workout whilst using this gym

1 Activate App
 Users can find a gym, scan signage, log and track their workout and share with friends.

2 Smart
 Smart counts hits of the gym and feeds into dashboard

3 Energy generating
 Generates human powered electricity

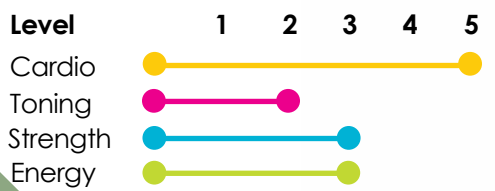
4 Inclusive fitness
 All equipment is designed in accordance with Inclusive Fitness Guidelines (IFI)

5 British-made
MADE IN BRITAIN

6 Wheelchair accessible

12 Full body

11 Playful activities



No. of Users	Min Area	Min Surfacing
30+	15 x 11m	152m ²

10 Advanced

9 Great for progression

8 Great for inactives

7 Class Space



- Equipment List:**
- Chest Press/Seated Row ●
 - Plyometric boxes ●
 - Parallel Bars ●
 - Leapfrog or Squat Spheres ●●
 - Handstand/Community Activity Info Wall ●
 - Class Space /Yoga ●●●
 - Fitness Markings ●
 - Smart Energy Spinning Bike ●●●
 - Smart Energy Cross Trainer ●●●
 - Smart Energy Hand Bike ●●●
 - Pull Up/Assisted Pull Up ●
 - Welcome Sign



ENERGY GENERATING

INCLUSIVE

CLASS SPACE

PLAYFUL ACTIVITIES

TRAINERS

CIRCUITS

TGO Cardio Energy Charge 3 Pieces



Features

- ✓ Charge your device using human power
- ✓ 'Smart' counts hits of gym

Benefits

- ✓ Wheelchair accessible
- ✓ Good for targeting people new to exercise

TGO503 Triple Pull Up Bar



Features

- ✓ Advanced exercise features
- ✓ Correct grip diameter

Benefits

- ✓ Great for trainers
- ✓ Good for TRX bands

Active Flooring and Class Space



Features

- ✓ Unlimited usage
- ✓ Intergenerational
- ✓ Inclusive

Benefits

- ✓ Inspires creative circuits
- ✓ Great for trainers
- ✓ Social space