

Family Friendly

Family Fitness Zone

Family focused design featuring TGO's mini equipment which mirrors key cardio pieces for children to workout alongside adults, creating an inclusive, innovative space that caters for people of all abilities from totally inactive to active. with personal trainers and activity providers for individuals as well as groups.

- A GRASS MAT
 - B MULCH
 - C BLACK WET POUR
 - D COLOUR WET POUR
- More options are available

EQUIPMENT AND FLOOR GRAPHICS ARE AVAILABLE IN A VARIETY OF COLOURS

1 Activate App



Users can find a gym, scan signage, log and track their workout and share with friends.

2 Smart



Smart counts hits of the gym and feeds into dashboard

3 Space for trainers

4 Inclusive fitness

All equipment is designed in accordance with Inclusive Fitness Guidelines (IFI)



5 Advanced



6 Full body



7 Wheelchair accessible



8 British-made



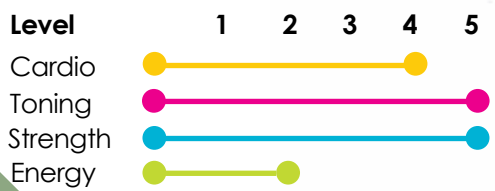
11 Energy generating



Generates human powered electricity

10 Interactive Signage

People can scan their workout whilst using this gym



No. of Users	Min Area	Min Surfacing
25+	15 x 17m	165m ²

9 Mini equipment

For children to workout alongside adults mirroring their activities



Equipment List:
 Activity Generator with Colour Run Challenge ●
 Inclusive Rig ●●
 Features: monkey bars, multiple pull ups, swedish walls, plyometric platform, rope fixings and leg raise

Smart Energy Recumbent Bike ●●
 Mini Recumbent Bike ●
 Smart Energy Hand Bike ●●●
 Mini Hand Bike ●
 Plyometric Boxes ●
 Community Activity Info Wall



INTERGENERATIONAL

INCLUSIVE

STRONG

SAFE

SMART

IMPROVE WELLBEING

TGO908 Energy Hand Bike



Features

- ✓ Charge your device using human power
- ✓ 'Smart' counts hits of gym

Benefits

- ✓ Wheelchair accessible
- ✓ Good for targeting people new to exercise

TGO Mini Hand & Recumbent Bikes



Features

- ✓ Safe
- ✓ Free from entrapments, sharp edges and crush points

Benefits

- ✓ Designed for users of smaller stature and young people under 1.4m tall

TGO510 Inclusive Rig



Features

- ✓ 4ft, 5ft, 6ft pull ups
- ✓ gym attachments can be added

Benefits

- ✓ Good transition piece for older children