

# Spinning bike

The Spinning Bike is a classic machine for any gym. This cardiovascular piece of equipment works the lower body as well as heart and lungs. Install several together in a Spin Bundle to create an outdoor spinning class. All the mechanisms and built in resistance are cleverly concealed within the housing. This makes the spinning bike extremely safe as well as protected from the elements. Leaving it ready and smooth to be used by anyone, whatever the weather. If you need a similar piece for the little ones, we also do a mini fitness bike. If you want to charge your phone whilst exercising, the TGO Spinning Bike is also available in Cardio Charge (see TGO971). Generate electricity whilst exercising and charge your mobile phone or tablet as the same time. People Power!

## Specification

- 1. 100% Made in Britain
- Certified to EN16630, (legacy standards, BSI PAS888 safety compliant for ALL ages, users and non-users & DIN79000 - safety compliant for users, aged 14+). All TGO outdoor gym equipment is free from exposed end stops, entrapments, sharp edges and crush points

### ALWAYS ASK FOR EN16630 FOR OUTDOOR GYMS

- 3. Great instructional signage- workout QR code videos, start and finish diagrams.
- 4. Weatherproof
- 5. Resistance-based equipment no electricity required
- 6. Low maintenance
- 7. Designs include key elements of Inclusive Fitness Initiative guidelines
- 8. TGO plant a tree in the NHS Forest for every piece of equipment sold
- 9. Anti vandal fixings
- 10. Available in all major RAL colours
- 11. Stop mechanisms concealed
- 12. Paint UV stabilised
- 13. Welds certified to EN15015614
- 14. Powder coated finish
- 15. Separate ground anchor for future upgrades





Clear Space Required [] (25mm tolerance added in each direction) Base Plate & Centre Lines 🗌

# Spinning bike

#### **Production Details**

Manufacturer Standard: EN16630 (legacy standards - PAS888, Din79000) Framework: Mild Steel Grade S275 (min 3mm thick) Finish: High quality gloss finish polyester powder coat paint Signage Plate: High quality reverse printed PETG Seats: Enhanced Polyphenylene Ether (PPE) Resin

#### **Enhanced Corrosion Protection**

An enhanced corrosion protection is available on request for this product. Hot dip galvanising is the process TGO use to add a protective coating to the body of our products on our equipment in coastal areas, which have higher air salinity or in harsh urban and industrial atmospheres with higher sulphur dioxide pollution<sup>\*</sup>.

#### The upgrade includes:

- Upgrading to hot dip galvanising
- Fixings are upgraded from A2 to A4 stainless steel

#### \*An upgrade to galvanised steel will be necessary for the warranty in these environments.

#### Installation

This product is installed onto a generic 'TGO Medium Ground Anchor'. Please see the 'TGOGC Installation & Assembly Guidelines' for guidance on installing this anchor. Please refer to the diagram opposite for safety spacing.

### Safety

This product requires 1.5m of clear space around the equipment (green outline).

- Falling height: 0.9m
- Clear Space: 14.4m<sup>2</sup>

There is no safer surface requirement and therefore TGO only recommend a minimal surface area (grey outline).

## Parts List

No	Part	Dimensions	Weight	Qty
1	Spinning Bike	L1035, W482, H1330	80.5 kg	1
2	Medium Anchor <sup>+</sup>	L429, W429, H344	14 kg	1

<sup>+</sup>Substituted with 4x HILTI fixings for surface mounted option



Recommended Surfacing

Ground anchor is separate, makes future upgrades easy!



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