

Toning Multi Gym

For a complete body work out get 4 pieces of equipment in 1.

The Multi Gym is a fantastic product for small parks and spaces, to dot along pathways or even create your own trim trail. Get 4 pieces of equipment in 1 with TGO Multi Gyms. TGO have created 3 packages, the Full Body Multi Gym, Cardio Multi Gym and Toning Multi Gym to give the best possible workouts.

Specification

- 1. 100% Made in Britain
- Certified to EN16630, (legacy standards, BSI PAS888 safety compliant for ALL ages, users and non-users & DIN79000 - safety compliant for users, aged 14+). All TGO outdoor gym equipment is free from exposed end stops, entrapments and sharp edges

ALWAYS ASK FOR EN16630 FOR OUTDOOR GYMS

- Great instructional signage- workout QR code videos, start and finish diagrams.
- Weatherproof
- Resistance-based equipment no electricity required
- 6. Low maintenance
- 7. Designs include key elements of Inclusive Fitness Initiative guidelines
- 8. TGO plant a tree in the NHS Forest for every piece of equipment sold
- 9. Anti vandal fixings
- 10. Available in all major RAL colours
- 11. Stop mechanisms concealed
- 12. Paint UV stabilised
- 13. Welds certified to EN15015614
- 14. Powder coated finish
- 15. Separate ground anchor for future upgrades

This product has a coastal specification optional upgrade

Work the shoulder, chest and arms by lifting approximately 30% of your body weight on the Chest Press and Seated Row

TGO702UK

Integrated instructional signage and QR codes to view how to use videos. Mounted either side of the central frame

Interactive components and new stainless steel handles with 80mm end caps for IFI and

inclined push ups on the Bench

All products come with a manufacturing label to identify it

> Leg Press works the leg and Gluteal Muscles under a controlled plane, using the integrated footplate.

Guarantees

25 years steel work 2 years bearings 5 years paint













Clear Space Required (25mm tolerance added in each direction)

Recommended Surfacing

Base Plate & Centre Lines

Toning Multi Gym

Production Details

Manufacturer Standard: EN16630 (legacy standards - PAS888, Din79000)

Framework: Mild Steel Grade S275 (min 3mm thick)

Finish: High quality gloss finish polyester powder coat paint

Signage: High quality reverse printed PETG Backs: Enhanced Polyphenylene Ether (PPE) Resin

Enhanced Corrosion Protection

An enhanced corrosion protection is available on request for this product. Hot dip galvanising is the process TGO use to add a protective coating to the body of our products on our equipment in coastal areas, which have higher air salinity or in harsh urban and industrial atmospheres with higher sulphur dioxide pollution*.

The upgrade includes:

- Upgrading to hot dip galvanising
- Fixings are upgraded from A2 to A4 stainless steel

*An upgrade to galvanised steel will be necessary for the warranty in these environments.

Installation

This product is installed onto three generic TGO Large Ground Anchor. Please see the 'TGOGC Installation & Assembly Guidelines' for guidance on installing this anchor. Leg Press spacing is based on 5ft (1524mm) to 6ft (1829mm) individuals.

Safety

This product requires 1.5m of clear space around the equipment (green outline).

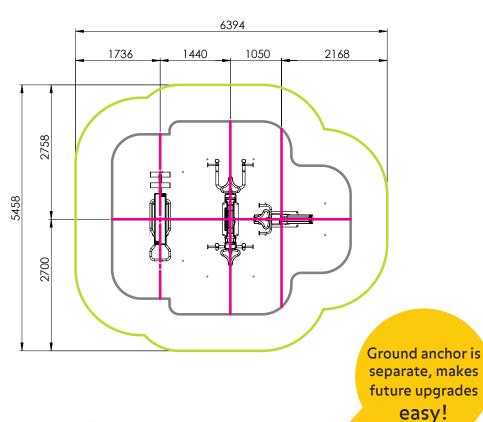
- Fall height: 0.6m
- Clear Space: 16.2m²

There is no safer surface requirement and therefore TGO only recommend a minimal surface area (grey outline).

Parts List

| No | Part | Dimensions | Weight | Qty |
|----|----------------------------------|--------------------|---------|-----|
| 1 | Leg Press Track Assembly++ | L1207, W561, H1021 | 95kg | 1 |
| 2 | Leg press Platen+++ | L168, W466, H401 | 11.3 kg | 1 |
| 3 | Chest Press / Seated Row | L2064, W938, H1781 | 128kg | 1 |
| 4 | Bench | L1182, W523, H1610 | 108 Kg | 1 |
| 5 | Large Ground Anchor ⁺ | L777, W489, H344 | 23Kg | 3 |

^{*}Substituted with 6x HILTI fixings for surface mounted option.

















^{**} Based on the product in a rested position. *** Including four (4) spreader plates